

FEBRUARY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|--|
| 27 AHA CLOSED FOR WINTER BREAK | 28 AHA CLOSED FOR WINTER BREAK | 29 AHA CLOSED FOR WINTER BREAK | 30 AHA CLOSED FOR WINTER BREAK | 31 AHA CLOSED FOR WINTER BREAK | 1 AHA CLOSED FOR WINTER BREAK | 2 AHA CLOSED FOR WINTER BREAK |
| 3 | 4 | 5 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u> | 6 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u> | 7 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u> | 8 | 9 |
| 10 | 11 | 12 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u> | 13 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u> | 14 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u> | 15 | 16 |
| 17 | 18 | 19 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u> | 20 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u> | 21 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u> | 22 | 23 |
| 24 | 25 | 26 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u> | 27 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u> | 28 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u> | | |