

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 AHA CLOSED FOR WINTER BREAK	31 AHA CLOSED FOR WINTER BREAK	1 AHA CLOSED FOR WINTER BREAK	2 AHA CLOSED FOR WINTER BREAK	 AHA CLOSED FOR WINTER BREAK	 AHA CLOSED FOR WINTER BREAK	5 AHA CLOSED FOR WINTER BREAK
6	7	8 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u>	9 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u>	10 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u>	11 AHA Student Massage Clinic Appts at 10:15, 11:30, 12:45 Kelly <u>251-753-1937</u>	12
13	14	15 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u>	16 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u>	17 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u>	18	19
20	21 AHA closed in honor & remembrance of MLK	22 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u>	23 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u>	24 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u>	25 AHA Student Massage Clinic Appts at 10:15, 11:30, 12:45 Kelly <u>251-753-1937</u>	26
27	28	29 AHA PM Yoga 5:45 - 6:35 PM Catherine <u>251-377-8940</u>	30 AHA AM Yoga 9:30 - 10:20 AM Kelly <u>251-753-1937</u>	31 AHA PM Gentle Yoga 5:45 - 6:35 PM Ginny <u>251-623-4510</u>		